

# Create an Identity Tree

Our identity makes us who we are, like our experiences, beliefs, hobbies, and more! It can include who we think we are, who others say we are, and who we hope to be. What else do you think our identity includes?

## Supplies Needed:

- A copy of the tree template below OR you may draw your own tree on blank paper
- Pencil or pen and colored pencils/markers/crayons

## Directions:

1. Print a copy of the tree template below or you may choose to draw your own tree. You will need roots, branches and leaves on your tree.
2. The roots of the tree represent your past. On and around the roots of your tree write those people, places, events and activities that have meant the most to you.
3. The trunk represents who you are. On the trunk write who you think you are, both on the inside and the outside. Think about how you would describe yourself to a friend or how someone might describe you.
4. The leaves represent your hopes and dreams for the future. On the leaves write goals you have for yourself, hopes you have for your community or country or even the world.
5. Color your tree.

